

October 21, 2021

The other day I was browsing around on the internet a little and I came across a post in a discussion forum where a woman was talking about how she has been recently hearing voices, but only at night when she was in bed, just as she was drifting off to sleep. Since I started hearing voices myself back in 2015, I occasionally go to specific forums that are for people that hear voices and having such experiences. Sometimes I get involved in the discussions, sometimes I don't.. but I do check in on these forms occasionally and do sometimes participate. On these forums, not everybody has a similar backstory in regards to how the voices first began for them. I sometimes hesitate to open up about this aspect of my situation, because my own situation with the voice began in a very mysterious way you could say.

As I've discussed in detail here on my blog, I first began hearing voices after I was experimenting with EVP recording back during the winter of 2015. Prior to this, I never heard voices like I do now. So for me, I was hearing the voices on my recordings first,...my EVP recordings ...and I was communicating with them in this way before I was hearing them with just my naked ears outside of the recordings. So at first I needed the voice recorder, I needed a piece of equipment to be able to hear them. But at the end of the second month of recording, I started having incidents of hearing them outside the recordings. Unfortunately for me, the voices that I began hearing outside of the recordings were a rather unpleasant bunch you could say. I found this development in the situation rather disturbing to say the least, so I decided to end my brief experimenting with EVP recording, but it was already too late. I began to hear them more and more, I had already become clairaudient and my clairaudience was hijacked by these attaching entities that had ill intentions towards me.

So when I'm on these forums, I don't always come right out with that. I have in the past. I remember one occasion where another person who was hearing voices didn't take kindly to my backstory. They didn't like the idea of the voices that they were hearing being from spirits or invisible entities. I can understand that and I'm not trying to bring any stress or any further anxiety to anyone else that is hearing voices, because I know what it's like. I've been there myself and I'm still there to a degree to this day. However, I'm not going to lie about my own experiences. Things happened the way they happened for me. As I said, I never heard voices like this before in my life until I began trying to communicate with spirits with a voice recorder. It was only after I did that... that I started to hear voices.

Yet on occasion, I have shared my story in some detail and I've even met a few others like me on these forums who also began hearing voices under mysterious circumstances. A few of them were involved in EVP or some other method of spirit communication just as I was. I'm rambling on here and getting off the topic that I wanted to talk about. I just want to say that when I go to these forums, I often see comments or discussion similar to what I saw the other day, where a

person is hearing voices at night just before they fall asleep, but that's the only time. It seems to be a fairly common occurrence. In a way, I'm kind of jealous of that. Of course I don't wish hearing voices upon anyone, I'm just saying that if I only heard them in that small window of time.... well it would at least be an improvement.

So when I saw this particular post the other day on that forum, I figured it would basically be saying the same things that I've seen in similar post. To a degree it was, but one thing that grabbed my attention from the woman who was having these experiences and started the discussion, was how she was describing how she was hearing these voices when she was in a state between being awake and being asleep. That grabbed my attention because that statethat particular state between being awake and being asleep, the state that I often refer to in my writings as "the in-between zone" has played a major role in my attachment situation going back to the beginning.

Just going back through my previous blog post and journal entries since this all began, I've talked a lot about incidents that have happened with these voices entities when I was in that in-between zone. In my writing I often describe this in-between zone as being "their turf". I do believe that there is some significance to this. I'm not sure exactly what it is, but I do believe that there is significance here. I often find that when I'm in that in-between zone, the voices seem stronger, they seem to have more strength and ability. In my case, it's not just the voices that I begin hearing at a greater volume, but it's also the physical aspect of itas my situation involves both hearing voices and feeling physical sensations. I can hear the voices of these entities, and I can often feel their physical presence as sensations on my body. It is still the case for me that I am experiencing these bodily sensations to one degree or another practically every night.

What often gets to me when I have an incident (or troubles) at night, is when I'm in this state between being awake and being asleep and I'll go to bed and I might experience the voices and the physical sensations to a degree, but it could be very mild and I'll think that it was essentially an easy night...a night without much trouble. I'll start to fall asleep... almost be there ...then wham...things just get intense all of a sudden, it seems like I'm being attacked all of a sudden. Yes, that's one of the sucky things about having these incidents in the in-between zone. At first I think I'm having an easy night, and that I'll fall asleep easily, but it turns out I was being deceived.

Yes, so that's the annoying thing about these incidents. I admit they are a tricky one to try and adapt to because it catches you by surprise. In a way, it's similar to the shouting tactic that this entity attachment uses. If this entity is going to shout in my face... well then it's going to shout in my face, it's just going to happen. The same thing here. If I am practically at the point of falling asleep and all of a sudden the physical sensations start getting intense...Crystal's voice starts getting intense, then it's just going to happen. In the past I would often get out of bed and take some more sleep-aid to help me fall asleep faster, but I haven't taken any sleep-aid in several months now and it's my plan to keep going without it. I think I've been doing fine without it. However, like many of their ploys,the tactics they use from their bag of tricks, in a way the

element of surprise does start to diminish overtime the more they continue to do the same things over and over. If I am hit with one of these attacks when I'm in the in-between zone, yes it is often quite annoying still, but it's not really as much of a surprise anymore. Just like with so much else that they do, I'm much more desensitized to it now. Being desensitized to it doesn't prevent these incidents from occurring, but it does take some of the steam out of their attack in a sense. They're not doing anything that shocks me or that terrorizes me so much anymore. No, in truth it's more of an annoyance these days.